



spa
menu



MS
MODERN SPA



RELAX • RENEW • REVIVE

MODERN SPA blends ancient Indian wisdom with a contemporary approach. It promises to pamper you with authentic Indian and relaxing international therapies. The dedicated therapists offer treatments that integrate the experience of body, mind and soul and leave you rejuvenated at a deeper level.



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Ultimate Aroma Therapy Experience

This is an intense body ritual drawn from a fusion of eastern and western techniques, which works on your body, mind and spirit. With your chosen oil, our therapist will use carefully applied pressure to stimulate the nervous system, neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation.

60 | 90 minutes ₹ 3000 | 4000



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Government taxes extra as applicable.
We levy a service charge.

Abhyang Spice Bundle Massage

A nourishing massage that pacifies the doshas, relieves fatigue, increases stamina, and helps achieve deep sleep. It also enhances the complexion and the lustre of the skin.

60 | 90 minutes ₹ 3000 | 4000

Intensive Deep Tissue

This massage focuses on the deeper layers of muscle, tendons and fascia tension that helps loosen muscle tissues, release toxins and promote blood and oxygen circulation.
Highly effective for sports injuries.

60 | 90 minutes ₹ 3500 | 4500/-

Traditional Thai Massage

Using the principles of Thai medicine, this massage is based on the intrinsic energy flow and energy balance theory of health and healing. It is a deep-dry massage with a combination of stretching, compression and deep friction that provides relaxation and restores healthy blood circulation.

60 | 90 minutes ₹ 3000 | 4000

It also treats blockages, weakness, dysfunctional organs, aches and pains, nerve problems and postural alignments.

Balinese Therapy

The Balinese massage works on a deep level to soothe damaged tissues, and relieve strained muscles and joint pains. The boost to your circulation will help reduce stress and rebalance your body. This massage also incorporates acupressure and reflexology techniques with the use of calming oils.

60 | 90 minutes ₹ 3000 | 4000

Swedish Therapy

A relaxing full-body massage using gentle to medium pressure, designed to relieve stress improve circulation, and promote overall wellness.

60 | 90 minutes ₹ 3000 | 4000

spa therapy





WHITENING FACIAL

This is perfect for lightening the skin before a special occasion. The extract used for this facial has a regenerating effect that improves skin texture, firmness and tone, and repairs sun damage.

🕒 60 minutes | ₹ 3000



SKIN SOLUTIONS FACIAL

This intensive anti-aging clinical facial is designed to safely and rapidly resurface the skin, reduce fine lines and wrinkles, smoothen and soften the skin, and encourage cellular renewal.

🕒 60 minutes | ₹ 3000



ANTI AGEING FACIAL

This luxurious facial harnesses the regenerative properties of rose to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions.

🕒 60 minutes | ₹ 3000



MODERN SIGNATURE FACIAL

The potent rejuvenating face polish firms & tones your skin. A blend of antioxidant-rich pomegranate, grape seed & green tea extracts deeply penetrate into skin cell layers to help prevent free-radical damage & restructure the skin's surface.

🕒 60 minutes | ₹ 4000



MEN'S EXECUTIVE FACIAL

This anti-aging facial renews skin tone and texture and reduces fine lines with an intense deep pore cleaning, wrinkle-reducing mask, ultra hydrating under-eye therapy, and vitamin-rich skin renewal serum.

🕒 60 minutes | ₹ 2500



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Head & Shoulder

(Highly effective re-energizing massage using pressure points around the head, neck and shoulders to alleviate stress in only 20 minutes)

🕒 40 minutes

₹ 1800



Hot Stone

The usage of hot stones relieves muscle spasms, pain and tension and helps relax the muscles. It also releases toxins and improves the texture of the skin.

🕒 30 minutes

₹ 2500



Foot Rejuvenate

A foot care treatment that softens and heals dry cracked feet and heels and helps to rejuvenate tired feet.

🕒 30 minutes

₹ 1300

Government taxes extra as applicable.

We levy a service charge.

SPA MENU



RELAX • RENEW • REVIVE





RENEW YOUR BODY.
 REVIVE YOUR SPIRIT.

— SCRUBS & WRAPS —



**INTENSE NOURISHMENT
 BODY REFINER**

A toning and slimming treatment to refine the body contours and eliminate excess fluids, which helps to achieve a slimmer looking silhouette and smoother skin.

🕒 30 MINUTES | ₹ 2500



ROSE HYDRATOR

This intensely hydrating treatment includes the layering of rich rose serum, oil and cream, leaving your skin radiant, soft and smooth, and your spirits bright and uplifted.

🕒 30 MINUTES | ₹ 2500



**DETOXIFYING
 BODY WRAP**

This body wrap's healing properties helps to promote detoxification, skin purification and weight loss.

🕒 30 MINUTES | ₹ 2500



**ORGANIC GREEN
 TEA SCRUB**

This scrub helps improve skin tone and texture through gentle exfoliation. This gentle scrub, with a blend of green tea and agave, is suitable for all skin types and will leave the skin feeling soft and supple.

🕒 30 MINUTES | ₹ 2500



**CHOCOLATE
 BODY BLISS SCRUB**

This lavish European Scrub, with a luxurious chocolate twist, is designed for all of your skin care needs. Unwind with an upper body, hand and foot massage to relieve stress. Enjoy a deep cleansing, chocolate exfoliation and mask to keep your skin hydrated and glowing.

🕒 30 MINUTES | ₹ 3000

			
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RESERVATIONS

- Advance reservations are strongly recommended
- Please contact the spa or Front Desk to schedule an appointment
- Rates are subject to change without any prior notification



CHECK-IN

- Please arrive 15 minutes prior to appointment to utilise the services effectively
- All appointments begin at the scheduled time. If you arrive late, the session will be shortened accordingly to allow the therapist to be on time for the next appointment



POLICIES

- In consideration of other guests, we request to keep your mobile(s) switched off
- Consumption of alcohol and smoking are not permitted in the premises
- All payments are non-refundable



SPECIAL NEEDS

At the time of making the reservation, please let the consultant know if you are pregnant, unwell, have high blood pressure, undergoing a medical treatment, or suffering from any allergies.



CLOTHING

We provide you with a robe, disposable undergarments and slippers, and you shall be draped in a towel during the service.



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